

**IOWA****liveWELL**

University of Iowa

HEALTH AND WELL-BEING FAIR

Celebrating a Healthy Campus, One Small Habit at a Time

Learn about campus resources to support individual and departmental well-being by visiting more than 30 vendors at the fair. All University of Iowa employees are invited to attend.

FAIR HIGHLIGHTS INCLUDE:

- Free health screenings
- Flu vaccines
- Chair massages
- Door prizes and giveaways

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this program, please contact **liveWELL** in advance at 319-353-2973.

SAVE THE DATE

October 15, 2025**7:30 a.m. — 2:00 p.m.****UI Field House Main Deck****→ [HR.UIOWA.EDU/LIVEWELL](https://hr.uiowa.edu/livewell)**

Promoting Population Health at Iowa

SPONSORED BY

IOWA
Recreational Services**IOWA**
HEALTH CARE**IOWA**
Staff Council